

Lomskata

(Bulgaria, Northwest Vlach)

A line *râčenica* from the region of Lom on the Danube rive in N. W. Bulgaria. Danced in the typical Vlach style. Brass instruments are popular in the area. Observed at the Trifon Zarezan (Vinyard festival) celebrations, Novo Selo near Vidin, February 1970.

Pronunciation: LOHM-skah-tah

Cassette: Yves Moreau YM-UOP-98 Side B/4

Rhythm: 7/8 meter counted as 1-2, 1-2, 1-3 or 1, 2, 3 or q, q, S.

Formation: Mixed lines, hands joined down at sides. Face LOD, wt on L.

Styling: Light, happy steps. Note: Leader signals changes at will.

Meas

Pattern

No special introduction. Start at beg of any musical phrase.

I. TRAVELLING IN LOD

- 1 Take three little running steps in LOD R, L, R (cts 1,2,3).
- 2 Repeat meas 1 with opp ftwk L, R, L (cts 1,2,3).
- 3 Facing ctr, step on R to R (ct 1); step on L behind R (ct 2); step on R to R (ct 3).
- 4 Step on L in front of R (ct 1); step on R to R (ct 2); step on L behind R (ct 3).
- 5 Moving RLOD, body slightly bent fwd, step on R sharply across L (ct 1); pause (ct 2); step on L to L (ct 3).
- 6 Repeat meas 5.
- 7 Straightening body, lift on L, R leg extends out to R and back (ct 1); pause (ct 2); step back on R (ct 3).
- 8 Repeat meas 7 with opp ftwk.

II. PUSH-KICKS TO SIDES: FORWARD AND BACKWARD

- 1 Facing ctr, wt on L, push-kick R ft fwd, bent knee (ct 1); pause (ct 2); push-kick again (ct 3).
- 2 Step on R to R (ct 1); step on L behind R (ct 2); step on R to R (ct 3).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat meas 1-4.
- 9 Bending body fwd, sharp two-step fwd beg with R (cts 1,2,3).
- 10 Repeat meas 9 two-step beg with L (cts 1,2,3).
- 11-12 Repeat meas 9-10.
- 13-16 Dance four hop-step-steps bkwd beg with hop on L, R knee comes up high with slight twisting action to L.

Dance repeats from the beginning.

Presented by Yves Moreau